

**Physical Education
Information for Parents/Guardians
2018-2019**

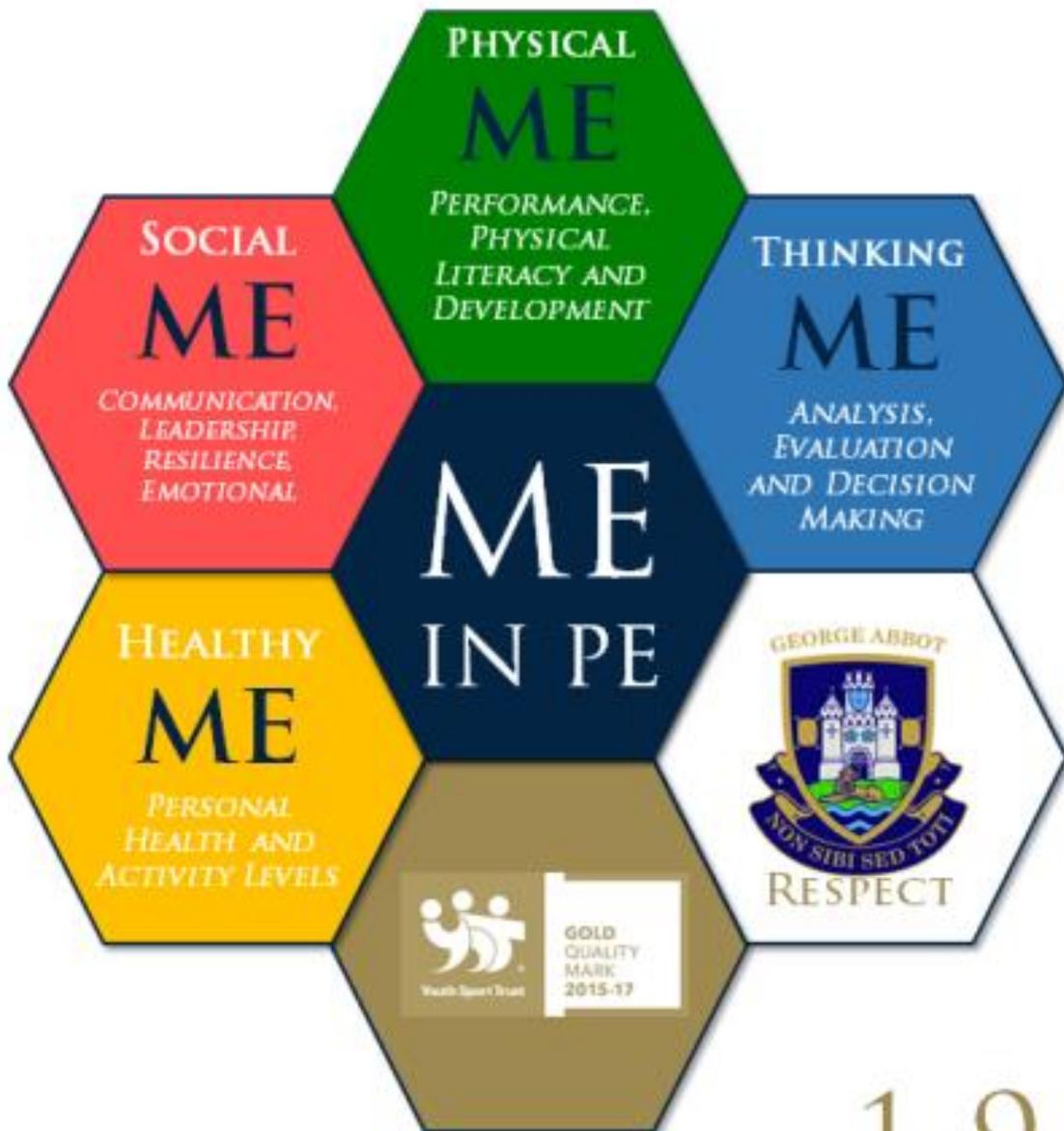


**Vision Statement
Aims and Ethos
Curriculum Design
George Abbot PE Kit/Expectations
Changing Room Policy
Extra-Curricular
SOCS Sport: Communication system for clubs/fixtures
Website
House Captains/Team Captains**



Vision Statement

“For all young people to make progress in their physical, thinking and social attributes through high quality physical education in order to meet their full potential and lead a healthy, active lifestyle”



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As a PE department, our aim is to ensure that all students receive a fully inclusive Physical Education programme of study in order to develop confident, successful students who can achieve their full potential.

Our ethos is based on the theme of **Me in PE** which encompasses the key benefits of high quality physical education; physical literacy, cognitive/thinking skills, social skills and health benefits.

To ensure that all 4 key elements of high quality PE are taught overtly within the curriculum, the focus of assessment will cover all 4 strands as outlined below.

PHYSICAL ME: Developing movement confidence and competence and improving physical literacy. The physical element focuses on the performance of a range of skills across a broad and balanced curriculum of activities. For example, the ability to pass a ball with both feet in football as well as the ability to perform a sequence of acrobatic elements in gymnastics.

SOCIAL ME: Developing the affective domain of how students learn and how they interact with each other. This aspect focuses on key skills such as communication, resilience, leadership, effort and self-regulation. Skills we believe are key to increasing employability.

THINKING ME: Developing student's ability to analyse, evaluate and make decisions that will impact the outcome of a performance.

HEALTHY ME: Developing student's awareness of the benefits of leading a healthy, active lifestyle. Students are encouraged to take positive steps towards ensuring they meet the recommended daily physical activity levels of 1 hour per day.

We hope this approach makes Physical Education a valuable and positive experience for all students.

George Abbot PE KIT

All kit is to be purchased from SPS School Shops Ltd, located in the Cricket Centre at George Abbot School.

Kit – Y7 & Y8 Girls

- George Abbot Skort
- George Abbot Shorts or Tracksuit Bottoms
- George Abbot Yellow Polo
- George Abbot Yellow Socks (white socks in summer)

Kit – Y9, 10 & 11 Girls

- George Abbot Skort
- Navy Sports Leggings (plain with no visible logo)
- George Abbot Shorts or Tracksuit Bottoms
- George Abbot Yellow Polo
- George Abbot Yellow Socks (white socks in summer)

Kit – Y7-11 Boys

- George Abbot Shorts or Tracksuit Bottoms
- George Abbot Yellow Polo
- George Abbot Yellow Socks (white socks in the summer)

Specific Sports Kit

- Rugby – George Abbot Reversible Top/Gum shield
- Hockey – Gum shield and Shin pads
- Football – Shin pads
- ASTRO – Moulded boots, Astro Turfs or Trainers ONLY.

Exceptions in COLD WEATHER

- George Abbot Hoody/Plain NAVY Jumper*

Please note, any hoody brought into school for PE lessons or extra-curricular clubs MUST NOT be worn around school at any other time on site. The hoody should be kept in a kit bag for PE and not, under any circumstances be worn underneath the blazer around school as this is against school rules.



Kit Expectations

In line with our whole school approach to uniform and ensuring highest of standards are set, please see the chart below which illustrates the sanctions process if a student does not adhere to our kit policy and expectations. We fully appreciate your support in ensuring students meet these expectations.

Incorrect or No Kit (with no note from parent/guardian):

1 st Time	2 nd Time	3 rd Time	4 TH Time	5 th Time
Warning	FRIDAY Lunchtime detention in SHC (BR)	AFTER School detention	PHONE call home	PARENT meeting with CXG/KVC
Written in planner	READY behaviour points on SIMS	READY behaviour points on SIMS	READY behaviour points on SIMS	SLT call out recorded on SIMS
Kit must be borrowed from kit cupboard	Kit must be borrowed from kit cupboard	Kit must be borrowed from kit cupboard	Kit must be borrowed from kit cupboard	SLT sanction if student refuses to borrow kit

What happens if your child is ill?

Our ethos within the PE Department is 'sick or fit, bring your kit'. The reason we promote this policy is because we believe there are many learning opportunities that can still take place within the PE lesson, even if they are unable to take actively take part in the physical aspects. All teachers will ensure that learning opportunities are provided through a variety of tasks and roles, therefore it is vital that students are always wearing correct kit and present in the lesson. Therefore, if your child is ill, it is still expected that they bring their PE kit. In some circumstances, if illness/injury prevents a student from getting changed, this would be taken into account and changing would not be expected. The sanction policy above will follow if a signed note is not provided.

What happens if your child refuses to take part in PE or borrow PE kit?

If your child refuses to take part in their PE lesson or borrow kit, SLT will be called immediately and students will be sanctioned accordingly. We are very strict on ensuring that students take part in their Physical Education lessons with the rest of the school community.

Changing Room Policy

Behaviour Expectations

- Students are to be in the changing rooms and changed within 7 minutes of the bell
- Students are to change responsibly and quickly
- Students are to behave in a respectful manner whilst in the changing rooms
- Students must not touch any belongings that are not theirs and ensure that their own kit and uniform is placed neatly on one single peg
- Students must not touch/deface any of the PE display boards in the changing rooms

Valuables

We endeavour to ensure that the changing rooms are locked during lesson time, however, they provide the only venue for toilet facilities. With up to 7 PE classes having their lesson at one time, we therefore ask that students ensure that their valuables are placed in the PE teachers bucket at the start of the lesson. We encourage students to place their valuables in a clear pencil case or wallet (that is named) and retrieve this from their teacher at the end of the lesson.

It is the students responsibility to ensure that this happens as we ***cannot take responsibility for loss or theft if they are left in the changing rooms.***



Extra-Curricular Sport

At George Abbot School we pride ourselves on offering an extensive PE extra-curricular programme and we work hard to ensure that all students receive a broad and balanced offer. This year we have received national recognition for our outstanding provision and been awarded **Gold Mark** status for School Games. George Abbot was also the top performing school in Surrey for 2017/18 School Games Competitions.

Extra-Curricular Timetable

The Extra-Curricular timetable changes every half term and this is displayed in the following areas; School Website under 'Extra Curricular', PE Display Board, Twitter (@Gabbot_sport) and the Tutor Bulletin. We currently offer up to **44 clubs** a week but this is always dependent on capacity and staffing. **If you are willing to give up some time to assist in this offer please contact Mrs C Graves via cgraves@georgeabbot.surrey.sch.uk**

Team Selection

The PE teacher in charge of a team will select all the team members. To keep up to date and fully informed with all fixtures, teams, results and news please see the school website and click on the **SPORT** section. This will take you to a new and improved part of our website that also had a full fixtures calendar with locations and details of all fixtures.

Website Updates

Please use the school website (mentioned above) for updates on news, results, fixtures, house sports and key contacts.

Twitter – Please do also follow **@Gabbot_sport** on twitter

Cancellation of Fixtures

Fixtures are rarely cancelled at George Abbot. However, when they are we ensure that we place this information on Twitter (@Gabbot_sport) and on the whiteboard outside the PE office. It is the responsibility of students (especially captains) to check for updates and liaise with the teacher in charge so they can inform home.



Extra-Curricular PE Top

For the past two years George Abbot PE Department have offered students the opportunity to purchase an EXTRA CURRICULAR PE TOP. The top is ordered in the Autumn term from Mr Barry and depending on quantity, a price is usually set between £12-14. These tops are to be worn ONLY at Extra-Curricular PE clubs and events and NOT in PE lessons.

For more information on this please contact Mr S Barry via
sbarry@georgeabbot.surrey.sch.uk



House Captains

In year 7, 8, 9 and 10 the PE department select 2 boys and 2 girls each year to take on the role of house captain.

The house captains have the responsibility of organising teams for house sports events and MUST ensure they are fair and organised.

The PE department also ask that house captains attend their PE duty to help the PE department with organising equipment and tidying the sports hall area. This rota is organised by Mr Tatlock.

If house captains are deemed to be acting unfairly the PE department has the right to revoke their role and invite another student to take on such responsibilities.

Team Captains

The PE Department also select Team Captains from each competitive side that takes part in fixtures against other schools. These individuals are selected not only for their sporting excellence but for their commitment and organisation skills.

It is expected that the team captain assists the teacher in charge with the following:

- Confirming team selection by the teacher in charge
- Getting students to attend training
- Organising the kit for the team BEFORE and AFTER each game
- Ensuring the correct equipment is ready for each fixture and training session
- Reviewing performances with the teacher in charge of the team/group.
- Ensuring the team represent the schools in a respectable manner demonstrating the highest of standards of behaviour.

