

# George Abbot Bulletin

...the weekly round-up and preview for GAS parents and carers

## Headteacher's Message

28 January 2021

All

Tomorrow is Wellbeing Day. A reminder that there will be no live taught lessons for this one day.

Herein you will find a range of things for students to get involved in during the day. The sessions from Surrey University are at the specific times listed. Other activities can fit in around a more leisurely approach to this particular Friday. There is a really interesting mix of suggestions—finding out more about Holocaust Day, celebrating diversity, writing, researching, making. The activity menu will also be sent to students via Satchel One. Do encourage your child to have a thorough look at the range of things there are to do.

We strongly recommend fresh air and definitely ask you to ensure your child gets a good rest from the computer screen. We hope that for everyone there may be an opportunity for students to make their parents and/or siblings a meal, snack or at least a cup of tea! If your child plays a musical instrument, this is a good day for some extra practice; a good day for a 1000 piece jigsaw; a good day for immersing oneself in a book; a good day for a catch up on some fitness training; a good day to follow the links and:

- Go create!
- Go listen!
- Go active!
- Go bake!
- Go compete!
- Go learn!
- Go explore!
- Go virtual!
- Go kind!

A small lie-in may be permitted, but doing something different is the order of the day. We hope you all enjoy it.

Kate Carriett  
Headteacher

## Well done!

We'd like to acknowledge a group of our students who are working tremendously hard with their home learning, who are learning in their 2nd or even 3rd language: our EAL students. These are students who have English as an additional language; some of whom are at the early stages of learning English and who are trying so hard with their lessons.

If this is your son or daughter—you should be extra proud of them.

If they are needing any extra help please let Ms Barratt ([bbarratt@georgeabbot.surrey.sch.uk](mailto:bbarratt@georgeabbot.surrey.sch.uk)) or their Head of Year know and we will do what we can to help.



# WELLBEING DAY RESOURCES

Click on the slide below to go to the Wellbeing Day Resources PowerPoint

<b>GO CREATE!</b>	<b>GO LISTEN!</b>	<b>GO ACTIVE!</b>	
<b>GO BAKE!</b>	<b>GO COMPETE!</b>	<b>GO LEARN!</b>	
<b>GO EXPLORE!</b>	<b>GO VIRTUAL!</b>	<b>GO KIND!</b>	

Wellbeing Day - Friday 29 January

## SURREY UNIVERSITY TALKS



Time	Year 7	Year 8	Year 10	Year 11
10.00am—11.00am	What is University?		Careers and Pathways	
Zoom link and password	<a href="https://surrey-ac.zoom.us/j/94777087964">https://surrey-ac.zoom.us/j/94777087964</a> Meeting ID: 947 7708 7964 Passcode: 067758		<a href="https://surrey-ac.zoom.us/j/93875083393">https://surrey-ac.zoom.us/j/93875083393</a> Meeting ID: 938 7508 3393 Passcode: 869214	
2.00pm—3.00pm		What is University?		Careers and Pathways
Zoom link and password		<a href="https://surrey-ac.zoom.us/j/98693018073">https://surrey-ac.zoom.us/j/98693018073</a> Meeting ID: 986 9301 8073 Passcode: 374661		<a href="https://surrey-ac.zoom.us/j/91439746792">https://surrey-ac.zoom.us/j/91439746792</a> Meeting ID: 914 3974 6792 Passcode: 234664

### Rules:

- Cameras and microphones will be turned off during these talks.
- Students are encouraged to contribute by using the chat function.
- Students are only able to communicate with the whole group and not send personal/private messages.
- Students should be respectful and thoughtful of the presenters and other participants. This includes appropriate communication, language and tone when writing in the chat.
- Students will also be asked to change their names to first name and second name initial (e.g. George A).
- Sessions will be recorded.

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# HOLOCAUST MEMORIAL DAY

## All year groups:

Wednesday was Holocaust Memorial Day across the world. BBC Newsround has an excellent video clip on why this matters: <https://www.bbc.co.uk/newsround/16690175>

You can watch the recorded live stream of the official Holocaust Memorial Day event for 2021 with its theme of 'A Light in the Darkness' here: <https://www.hmd.org.uk/uk-holocaust-memorial-day-2021-ceremony/>

## Year 10 and above:

We are running a photography competition to mark the Holocaust Memorial Day Trust's theme of 'A Light of the Darkness'. Ideas and inspiration can be found at: <https://www.hmd.org.uk/take-part-in-holocaust-memorial-day/young-people/light-up-the-darkness>. Please note that the Trust's official competition has closed but we are running our own George Abbot competition.

Entries should be uploaded to the Work Submission area of the SLE: find History > Holocaust Memorial Day photography competition. File names should include the student's name. Closing date for entries: Friday 12 February 2021

## Years 7, 8 and 9:

We are running a writing competition to mark Holocaust Memorial Day. Ideas and inspiration can be found at: <https://literacytrust.org.uk/resources/holocaust-memorial-day>.

Entries should be uploaded to the Work Submission area of the SLE: find History > Holocaust Memorial Day writing competition. File names should include the student's name. Closing date for entries: Friday 12 February 2021



# LGBT HISTORY MONTH

Click on the slide below to view Mr Giles' Assembly



# READING AND WRITING

## Activities from the National Literary Trust

Year 7	Year 8	Year 9	Year 10	Year 11
<p>Submit your haiku, prose poem or villanelle to Mrs Glanville (<a href="mailto:sglanville@georgeabbot.surrey.sch.uk">sglanville@georgeabbot.surrey.sch.uk</a>) for your chance to win a Waterstones' voucher.</p> <p>Use the link below to help you get started: <a href="https://wordsforlife.org.uk/zone-in/activities/write-your-lockdown-history-with-poet-clare-mulley/">https://wordsforlife.org.uk/zone-in/activities/write-your-lockdown-history-with-poet-clare-mulley/</a></p>		<p>Have a go at the Writing or Research activities on the following website: <a href="https://wordsforlife.org.uk/zone-in/">https://wordsforlife.org.uk/zone-in/</a></p> <p>Submit them to Mrs Glanville (<a href="mailto:sglanville@georgeabbot.surrey.sch.uk">sglanville@georgeabbot.surrey.sch.uk</a>) for your chance to win a copy of 'When the World Was Ours' by Liz Kessler.</p>		



## The Human Cell Atlas: A Poetry Challenge

The challenge set for you by the national Poetry Society: write a poem or poems inspired by the language of the Human Cell Atlas.

The Human Cell Atlas is a pioneering multidisciplinary global research project, which aims to identify and understand the function of all thirty-seven trillion cells in the human body. The project will help scientists to understand the way the body works and to treat diseases better. The project involves over one thousand researchers from over fifty countries around the world!

We are asking you to write a poem that begins with a scientific word linked to human cells. For more information, please visit: <https://ypn.poetrysociety.org.uk/workshop/the-human-cell-atlas-a-poetry-challenge/>

1. Choose a word. Here are some suggested words to get you going:

Genome, DNA, RNA, Mitochondrion, Cytoplasm, Organelle, Membrane, Oncogene, Centriole, Reticulum, Cilia, Golgi Apparatus, Ribosome, Mapping.

2. Write down other words and phrases that sound similar. These words do not have to be related. In fact, the more random they are, the better! For example, you might link the sound of the word 'genome' to 'garden gnome' or 'jeans'. Do not worry about whether it 'makes sense'. Write down anything that you think of.

3. Once you have lots of ideas, write more about each one. Adding specific details will help your reader. For example, if you wrote 'jeans', now you might write 'my favourite blue jeans with rips in them'.

4. Once you have written as many things as you can, begin to put your phrases in order. Which phrase is an exciting place to start your poem? Which phrase is a good place to end your poem? You do not have to include everything you have written.

5. Title your poem with the original scientific word you chose. That scientific word does not need to appear in the poem. You can write as many poems like this as you like. When you have finished, submit your poem or poems to the writing challenge.

Talk to an adult at home and decide if you are going to submit your application to the Poetry Society. Make sure your parent/carer agrees to you entering and providing the information they request about you. See the link above for the full information of how to enter the official competition.

Alternatively, just email it to Mrs Glanville, our Head of English Faculty on: [sglanville@georgeabbot.surrey.sch.uk](mailto:sglanville@georgeabbot.surrey.sch.uk).

The deadline for entries is 11.59pm, Sunday 31 January 2021.

## Virtual School Library—Oak National Academy

Every week a popular children's author or illustrator will provide you with free books, exclusive videos and their top three recommended reads. This week's read is *The Girl Who Stole an Elephant* by Nizrana Farook.

<https://library.thenational.academy/>



# FOOD AND NUTRITION

Click on the slide below to go to the Simple Recipes PowerPoint



Simple recipes – sweet treats  
along with lunch items

Well-being activities

The food department would love to  
see what you have made – send in  
your photos to Ms Ho!

## PE

### Workout with the PE Department!

Link 1- <https://youtu.be/niDdjnlalqg>

Link 2- <https://youtu.be/03LgzQn-Bdo>



### Beat The Teacher

Mrs Lawrence  
<https://youtu.be/kyoxpXQON8I>

Mr Marker  
<https://youtu.be/et9awrdozyo>

Mr Rodgers  
<https://youtu.be/EipEFqwBsBY>

Mrs Graves  
<https://youtu.be/7m8o-o0QIs0>

# ART

- Draw all **31** images - each one must only be **5cm x 5cm**
- Use any materials you wish – pen, pencil, collage, paint, digital etc.
- Think of a creative way to present them – joined in a concertina fold, in a small box, an old sweets tin, a mini sketchbook, a pop up book, animation, digital etc.



1. Your hand
2. A plant or flower
3. Jewellery
4. Something rough
5. A view through a window
6. A fragment
7. Your favourite food
8. A drinks can or bottle
9. Your street
10. A scratched surface
11. A building
12. Sweets
13. Something green
14. An empty space
15. Something spiky
16. Your front door
17. Inside your fridge
18. A smooth object
19. Something close up
20. A key
21. Something red
22. A knife and fork
23. Inside a bag
24. A plastic object
25. Your eye
26. A reflection
27. A still life
28. A journey
29. Your shoes
30. Pencil sharpenings
31. An opening



YELLOW, SELF PORTRAIT, ENVIRONMENT, LETTERS NETWORKS, BROKEN, VINTAGE, NONSENSE, ZIGZAG, SNAP, LOOK UP, THE END

**Activity:** Take a series of 20 photographs using these words as inspiration. Create a collage of your photographs and upload to Twitter @Gabbot\_Art #WellbeingDay



EQUAL, ABSTRACT, ODD COUPLE, SOCIAL

NUMBERS, CURVES, PERSPECTIVE, TAKE A BREAK

# PARENT RESOURCES

**Help if you need it** If your family is beginning to struggle because finances are tight, there is help available. The local Food Banks are able to provide cupboard essentials, while other community groups can provide fresh food and freezer meals. There are a wide range of other resources and services that we can help connect you with, including help with clothing, computer equipment, and support groups.

Please don't feel like you're on your own or the only ones struggling. Send an email to Joanna Tutty, our Home School Link Worker, [jtutty@georgeabbot.surrey.sch.uk](mailto:jtutty@georgeabbot.surrey.sch.uk), to let us know a bit about your circumstances and how we can help.

**Family Learning** provides free online parenting courses for parents and carers, including grandparents, who lack confidence or are struggling to support their children with school, homework or behaviour issues.

Due to COVID-19 restrictions they are currently unable to work directly in schools and other community venues, so their courses have transferred online via Zoom.



Please click the link below for more information:

<https://mailchi.mp/8f360ed0e081/family-learning-parent-bulletin-733044>

**Guildford Family Centre** are offering a wide variety of virtual course and support groups.

## February—May 2021:

### Family Advice Sessions (One on one – Telephone sessions)

- Runs weekly Monday, Thursday, Friday (9.15-9.45am and 9.45-10.15am).
- 30 minutes call with a Family Support Worker.

### SENdsory Advice Sessions (One on one – Telephone sessions)

- Every Friday (10.30-11.00am).
- For families who have any concerns regarding any aspects of their child's development.

### Parenting Puzzle (Virtual 4-week course)

- Starting Thursday 25 February (10.30-11.30am).
- This Nurturing Programme gives you the tools you need to get the best out of your family life.

### Parenting Puzzle (Virtual 4-week course)

- Starting Thursday 22 April (10.30-11.30am).
- This Nurturing Programme gives you the tools you need to get the best out of your family life.

All sessions are free. Booking is essential, as places are limited.  
Please call: 01483 510570



# Notices

## IMPORTANT DATES

w/c 01 February 2021 = WEEK B—there will be no lesson 1  
Friday 29 January 2021—Wellbeing Day

### Whole School

#### ⇒ Career Opportunities and Virtual Work Experience Opportunities

We are continuing to update the careers page on our website with lots of opportunities for students.

Please visit: <https://www.georgeabbot.surrey.sch.uk/careers-opportunities/>

New opportunities this week include:

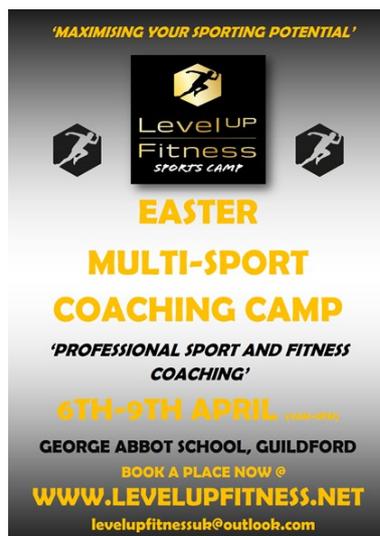
- PwC's Virtual Summer Programme: 1 February, Year 12
- Build the Future Apprenticeship Events – Brooklands College, Tuesday 9 and Wednesday 10 February, Year 10 & 11
- National Apprenticeship Week: Hear from some Apprentices, Monday 8 February, Year 10, 11, 12 & 13
- Speakers for Schools – Virtual Talks, all years. NEW talks added.
- Discover Solicitor Apprenticeships – National Apprenticeship Week, Wednesday 10 February, Year 12

#### Virtual Work Experience opportunities:

Please visit: <https://www.georgeabbot.surrey.sch.uk/virtual-work-experience/>

#### ⇒ External Hirer—Level Up Fitness School Holidays

Please see flyers below for holiday fitness camps being run by an external company.



### Year 13

#### ⇒ REMINDER: Year 13 Parent Subject Meetings—**Tuesday 2 February 2021**

Please see important information attached regarding Year 13 Parent Subject Meetings and how to book appointments.

### Year 11

#### ⇒ Careers Advisor

We were due to continue 1-1 appointments with careers advisor Gaynor Eke from Careers Management Consultants this term however, this is now not possible and therefore Gaynor will be emailing those who either did not respond to the first email, or those that have not had the chance to meet with her.

Please continue to encourage your son/daughter to check for this correspondence and to reply accordingly. To confirm, the students will only receive an email if they have not yet had any interaction with Gaynor either via email or in person.

If however, you feel that your son/daughter would benefit from a further email discussion with Gaynor you may contact her directly on [geke@georgeabbot.surrey.sch.uk](mailto:geke@georgeabbot.surrey.sch.uk).

# PTA

## **Lockdown quiz #2 - Friday 26 February 7.30-9.30**

Following our sell out event in November, we're running another lockdown quiz! [Tickets are just £10 per household and are available on classlist](#) or email us at [PTA@georgeabbot.surrey.sch.uk](mailto:PTA@georgeabbot.surrey.sch.uk). As before, the quiz will be hosted remotely on Kahoot! and Zoom. We will be delivering **Tillingbourne Ales and prosecco** on the evening, just let us know when buying a ticket!



## **Fundraising**

We still have reserves, but fundraising will continue to be challenging for 2020-21 so please support in any way you can, such as: [amazonSmile](#) and [EasyFundraising](#).

## **Next meeting**

And our next PTA meeting will now take place on Tuesday 2 March at 7.30pm. Zoom details to follow.

Best wishes and stay safe, from the PTA



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