

The Sixth Form at George Abbot

'Academic excellence within a vibrant community.'



Subject: BTEC Sport

Head of Department: Mr Filmer jfilmer@georgeabbot.surrey.sch.uk

Pre Sixth Form Tasks

Task	Detail	Demonstrated		
		Yes	Partially	No
Organisation	Prepare a folder with dividers titled: Unit 1: Anatomy and Physiology (EXAM-1hr 30mins) Unit 2: Fitness Training and Programming (EXAM- 2hrs 30m) Unit 3: Professional Development in the Sports Industry Unit 4: Sports Leadership Unit 5: Application of Fitness Testing Unit 6: Sports Psychology Unit 7: Practical Sports Performance Print this task sheet and include in folder.			
Further Reading	Watch Icarus Documentary on Netflix. Make notes on the effects of steroids on sporting performance.			
Additional task(s)	<p>Task 1: Research 3 jobs in the sports industry; ensure that one is a PE Teacher.</p> <p>Task 2: Create a PowerPoint presentation and explain what the job entails. You must also add the development pathway and qualifications you need to be able to apply for these roles. E.g. GCSE/A Level/University courses.</p> <p>Task 3: Find a PE teacher job to apply for (TES.COM). Create a CV that would make you an appropriate candidate.</p>			

Link to Subject Specification

https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/9781446938102_BTEC_Nat_FDip_Sport_SPEC_Iss2C.pdf

Suggested Reading List and Subject Resource

Brianmac.com – Fitness Testing

YouTube – BTEC L3 Unit 1: Anatomy and Physiology (Mike Tyler)

All tasks completed	Yes	No
Subject Teacher Signature		