

## Personal and Social Education (PSE)

### KS2

- Health and Wellbeing – Identify elements of a healthy balance lifestyle
- Relationships – Understand the importance of friendship
- Living in the Wider World – Recognise rules and laws and the consequences of not adhering to them

### Year 7

- Study Skills – How can you add to the George Abbot Community?
- Emotional Wellbeing – Broaden your emotional literacy skills
- Puberty and Identity – Understand the physical and emotional changes that occur during puberty
- Health and Safety – How can you keep safe in the community?
- Equal Opportunities - Understand the Equality Act 2010 and how it can be applied

### Year 8

- Relationships and Online Safety – Analyse online risk taking and how to keep safe on social media
- Puberty and Identity – How can we communicate consent in intimate relationships?
- First Aid - Life-saving skills, including how to administer CPR
- Careers – What skills do you have and how do they link to future study and career options?
- Finance – Importance of budgeting and skills to manage money.
- Drugs Education - Facts about legal and illegal drugs and their impact on wellbeing

### Year 9

- Healthy Relationships – Define and understand different types of relationships, and how personal values impact decisions.
- Tackling and Preventing Extremism – Are you able to identify factors that influence individuals to extremist ideologies?
- Careers – Gain deeper understanding of potential educational and career pathways
- Politics – Do you understand the importance of using your voice for change within democracy?
- Appropriate Behaviour – Understand how stereotypes, language and culture can negatively influence sexualised behaviour around harassment
- Law and Order – What are the causes of crime and how does the judiciary system work to resolve criminal activity?

### Year 10

- Intimate Relationships – Understanding how to look after your sexual health and consequences of sexual relationships
- Careers – Preparation for Interview Day; assessing skills, experience and creating a Curriculum Vitae
- Mental Wellbeing- Can you evaluate actions have a positive and negative effect on yours, and others, mental health?
- Finance – Understand how the economy directly impacts our personal financial options
- Substance Use - Know the Law relating to the supply and possession of illegal substances.

## Year 11

- Careers – Are you aware of all the Post 16 Options available to you, considering labour market information?
- Personal Wellbeing – Awareness and combatting serious illness
- Behaviour and Attitudes – Be fully informed about forms of domestic abuse and know where to seek support
- Finance – What financial steps do you need to take as an independent member of society?

## Preparing for the future:

- Counselling
- Human Resources
- Politics
- Health care
- Social Care
- Psychology
- Police